

MFLC PRESENTATION LIBRARY

Children/Teens: Activities-Based Presentations

Activities for Children's Reunion ages 6-12

All Feelings are OK

Anger Management for Teens

Appropriate School Bus Behavior

Bully Busting Activities (1st-8th grade instructor's guide)

Challenges of Changing Schools

Communication for Teens

Emotional Intelligence Activities for Children

Entering the World of Work Focus on Teens

Helping Children Cope with Post Deployment Issues

How to Handle Peer Pressure

Making Middle School a Positive Experience

Preparing for Your Parent's Deployment

School-Aged Children with Deployed Parents

Self-Esteem for Teens

Supporting Children of Divorce: Activities-based Program for Children ages 3-5; 6-9; and 10-12

Stress Management for Teens

Study Skills for Middle School

Teaching Children How to Get Along: An Instructor's Guide

Teaching Parents How to Support Their Children Through Divorce

Teen Dating

Time Management and Organization for Teens

When a Sibling Deploys

Communication

(Audience – Adults)

Avoiding and Putting a Stop to Gossip

Building Healthy Marriages

Challenges Faced By Dual Military Couples

Communication and Assertiveness

Communication Training

Coping with Challenges While on R&R

How to Deal with the Media

How to Handle Crisis Calls

How to Talk to Parents: Effective Parent/Caregiver Communication

Leadership Through Teamwork: The Characteristics of a Team Leader

Maintaining a Healthy Marriage during Deployment

Making Effective Decisions

Parent/Child Communication

Setting Boundaries

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The Three C's of Communication
Tips for Public Speaking

(Audience – Children/Teens

Communication for Teens

Compassion Fatigue

Caring for an Aging Parent
Self-Care to Prevent Compassion Fatigue

Conflict Resolution

At Risk Service Members: A Guide for Command
Avoiding and Putting a Stop to Gossip
Building Healthy Marriages
Challenges Faced By Dual Military Couples
Conflict Resolution
Conflict Resolution with Children ages 4-12; ages 13-16
Conflict Resolution for Middle School Students
Cultural Awareness & Sensitivity
Preventing Bullying in the Workplace
Reverse Culture Shock
The Three C's of Communication

Deployment

Challenges Faced By Dual Military Couples
Children & Separation Issues of Deployment
Deployment Survival
Issues Families Face When the Military Deploys
Maintaining a Healthy Marriage During Deployment
The Military Spouse: Commander and Chief on the Home Front
Mission Based Marriage
Pre-Deployment & the Single Service Member
Preparing for You Parent's Deployment
Redeployment
Re-Igniting the Passion After Deployment
Remaining Faithful During Deployment
Supporting the Bereaved at Home & Down Range
Survive and Thrive as a SERE FT Spouse
Talking to a Deployed Loved One
The Emotional Cycle of Deployment

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The Stages of Deployment
The Welcome Home: Community Support for the Military
Traumatic Event Stress Response
When a Parent Deploys ages 2-5
When a Sibling Deploys
When Your Sons & Daughters Deploy

Diversity

Culture Shock: Adjusting to Cultural Change
Cultural Awareness & Sensitivity
Diversity and Tolerance
Effects of Extended Daylight and Darkness
Preventing Bullying in the Workplace

Divorce

Facing the Challenges of Divorce
Issues with Child Visitation
Recovering From Divorce
Parenting Skills for the Single Service Member

Grief

Coping with Holiday Grief
Grief & Loss
How Children Grieve
Supporting the Bereaved at Home & Down Range
Survivor's Guilt
Understanding Grief: Education for Caregivers

Marital/Couples

Building Healthy Marriages
Caring for an Aging Parent
Challenges Faced By Dual Military Couples
Creating a Healthy Marriage
Emotional Spending
Healthy Relationships for Singles
Maintaining a Healthy Marriage During Deployment
Making Marriage Work After Deployment
Matrimoney
The Military Spouse: Commander and Chief on the Home Front
Mission Based Marriage

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Principles for Healthy Relationships & Marriage
Re-Igniting the Passion After Deployment
Remaining Faithful During Deployment
Return and Reunion Workshop for Spouses
Survive and Thrive as a SERE FT Spouse
The Sandwich Generation
The Three C's of Communication

Parenting: Guides for Parents, Teachers, Caregivers

A guide for Helping Children Manage Anger
Appropriate School Bus Behavior
Building Resiliency in Children: A Parent's Guide
Building Your Child's Self-Esteem
Bullying: A Guide for Parents and Caregivers
Caring for an Aging Parent
Challenges of Changing Schools
Challenges Faced By Dual Military Couples
Children and Moving
Children & Separation Issues of deployment
Conflict Resolution with Children ages 4-12; ages 13-16
Conflict Resolution for Middle School Students
Cyber-Bullying
Developmental Stages for Children ages 2 – 5
Developmental States ages 10-12
Effective Discipline for Young Children ages 2-5; 6-9; Pre-Teens ages 10-12; Teens ages 13-17
Electronics and Your Children
Emotional Intelligence Activities for Children
Enhancing Resiliency in Children
Fatherhood
From Couplehood to Parenthood
Helping Children Cope with Post-Deployment Issues
How Children Grieve
How to Talk to Parents: Effective Parent/Caregiver Communication
Introducing a New Baby
Issues with Child Visitation
Making Middle School a Positive Experience
Parent/Child Communication
Parenting Skills for the Single Service Member
Parenting Teens
Preparing Your Child for Kindergarten
Preparing Your Child for Middle School

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Potty Training
Power Struggles
Preparing for Your Parent's Deployment
Reconnecting Your Child with Your Service Member
Responding to Toddlers Who Bite & Hit
Understanding Grief: Education for Caregivers
Sibling/Parent Relationships: Building Healthy Relationships
Supporting Children of Divorce: Activities-based Program for Children ages 3-5; School-Aged Children ages 6-9; Children ages 10-12
Step Parenting
Talking to Children About War Injuries: A Guide for Parents and Caregivers
Teaching Children How to Get Along: An Instructor's Guide
Teaching Children Responsibility
Teaching Parents How to Support Their Children Through Divorce
Teens and the Power of Peer Pressure
The Importance of Family Time
The Sandwich Generation
Time Management and Organization for Teens
Tips for Teachers: Working with Children during Deployment
Transitioning Children Between Activities
Traumatic Event Stress Response and Children
When a Parent Deploys ages 2-5
When a Sibling Deploys
When Your Sons & Daughters Deploy

Public Speaking

Practical Tips for Public Speaking
Tips for Public Speaking

Return/Reunion

At Risk Service Members: A Guide for Command
Challenges of Reunion and Reintegration
Coping with the Challenges of Transitioning Home
Coping with Challenges While on R&R
Coping with Separation and Retirement
The Emotional Cycle of Deployment
Family Reunion
From Combat to Home
Helping Children Cope with Post-Deployment Issues
Homecoming & Reunion

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Making Marriage Work after Deployment
Mission Based Marriage
Reconnecting Your Child with Your Service Member
Reintegration
Reintegration Challenges for a Single Soldier
Reunion Briefing
Return and Reunion Workshop for Spouses
Reunion: It's a Process, Not an Event
Welcome Home! Reconnecting with your Child
Military Culture for Family Members
Post-Combat Risk-Taking Behavior
Supporting the Bereaved at Home & Down Range
Survivor's Guilt
Talking to Children about War Injuries: A Guide for Parents and Caregivers
The Welcome Home: community Support for the Military
Traumatic Event Stress Response

Self-Improvement

(Audience – Adults)

Avoiding and Putting a Stop to Gossip
Coping with Job Uncertainty
Goal Setting
Healthy Living
Healthy Relationships for Singles
How to Have a Good Night's Sleep
Overcoming Test Anxiety
Self-Care for the Helping Professional
Self-Esteem: A Major Building Block of Confidence
Setting Boundaries
Staying Positive and Motivated
The New You: Transitioning to Civilian Life
Using Leisure Time Well

(Audience – Children/Teens)

Self-Esteem for Teens
Study Skills for Middle School

Stress Management

(Audience – Adults)

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At Risk Service Members: A Guide for Command
Building Resiliency
Combat-Related Stress Reactions
Coping with Job Uncertainty
Coping Strategies for the Uncertainty of Life
Coping with Separation and Retirement
Coping with Transitions
Effects of Extended Daylight and Darkness
How to Cope with the Winter Blues
Life in Balance: Relaxation & Stress Relief
The Military Spouse: Commander and Chief on the Home Front
Overcoming Test Anxiety
Post-Combat Risk-Taking Behavior
Relaxation Techniques
Reverse Culture Shock
Self-Care for the Helping Professional
Self-Care to Prevent Compassion Fatigue
Setting Boundaries
Staying Positive and Motivated
Staying Positive in Negative Situations
Stress Management
Stress during the Holidays
Survive and Thrive as a SERE FT Spouse
Survivor's Guilt
The Sandwich Generation
Traumatic Event Stress Response

(Audience – Children/Teens)
Challenges of Changing Schools
Stress Management for Teens
When a Sibling Deploys

Team Building

Avoiding and Putting a Stop to Gossip
Preventing Bullying in the Workplace
Working in Teams
Leadership Through Teamwork: The Characteristics of a Team Leader
The Three C's of Communication

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Time Management

Setting Boundaries
Time Management and Organizations for Teens
Time Management Strategies & Helpful Tips
Using Leisure Time Well

Teacher Tools

Appropriate School Bus Behavior
Building Partnerships with Parents: A How-To Guide for Successful School-Home Communication
Building Resiliency in Children: A Parent's Guide
Building Your Child's Self Esteem
Conflict Resolution for Children ages 4-12
Conflict Resolution for Children ages 13-16
Conflict Resolution for Middle School Students
Challenges of Changing Schools
Children and Moving
Developmental Stages for Children Birth to 2 Years Old
Development Stages for Children ages 2-5
Developmental Stages ages 6-9
Development Stages ages 10-12
Effective Discipline for Young Children ages 2-5
Effective Discipline for Young Children ages 6-9
Effective Discipline for Young Children 10-12
Effective Discipline for Teens ages 13-17
Electronics and Your Children
Making Middle School a Positive Experience
Potty Training
Power Struggles
Responding to Toddlers Who Bite & Hit
Supporting Children of Divorce: Activities based program for children ages 3-5
Supporting Children of Divorce: Activities based program for children ages 6-9
Talking to Children about War Injuries: A Guide for Parents and Caregivers
Talking to Parents: Effective Parent/Caregiver Communication
Teaching Children How to Get Along: An Instructor's Guide
Teaching Parents How to Support Their Children Through Divorce
Tips for Teachers: Working with Children during Deployment
Transitioning Children Between Activities
Traumatic Event Stress Response and Children