



SPACE BASE DELTA 1 HELPING SERVICES

Peterson SFB | Schriever SFB | Cheyenne Mountain SFS

24/7 Helpline 719-552-4357 • Emergencies 911 • Immediate Help - Command Post 719-556-4555 • 24/7 Suicide & Crisis Lifeline 988

STRESSORS	Alcohol & Drug Prevention Program	Chaplain Corps	Civilian Employee Assistance Program 24/7	Civilian Health Promotions Services	Equal Opportunity	Family Advocacy	Health Promotions	Inspector General	Mental Health	Military & Family Life Counselor	Military & Family Readiness Center	Military OneSource 24/7	Primary Care Behavioral Health	Sexual Assault Prevention & Response
	719-556-7804	719-556-4442 719-567-4456	866-580-9078	719-556-4082	719-556-7693 719-567-5310	719-556-8943 DAVA 719-291-6625	719-556-4292 719-567-1835	719-556-4597 719-556-6966	719-556-7804 719-567-4619	719-433-2671 719-433-5432 719-377-8265	719-556-6141 719-567-3920	800-342-9647	719-524-2273	719-556-7272 719-567-7634
Alcohol / Drugs	■		■						■					
Anxiousness			■						■	■	■	■	■	
Conflicts <i>Interpersonal</i>		100% CONFIDENTIALITY	■		■	■		■	■	■	■	■	■	
Discrimination			■		■									
Finances			■							■	■	■		
Fitness / Tobacco			■	■			■					■	■	
Grief			■						■	■	■	■	■	
Homicidal Thoughts			■			■			■					
Hostile Work Environment			■		■			■			■			
Marriage / Family			■			■			■	■	■	■		
Relationships			■		■	■			■	■	■	■	■	
Sadness			■						■	■		■	■	
Sexual Assault						■			■					■
Sexual Harassment					■	■			■					■
Sleep / Nutrition			■	■			■		■	■		■	■	
Stress			■	■		■	■	■	■	■	■	■	■	
Suicidal Thoughts	■		■			■			■					

Privatized Housing Resident Advocate
PSFB 719-556-1923
SSFB 719-567-2680

Accessing support services is generally considered confidential, each agency will disclose any limits of confidentiality prior to initiating services.

Available to Service Members Available to Military Family Members Available to Civilian Employees

PHONE
LEGEND

PETERSON SFB
CHEYENNE
MOUNTAIN SFS
SCHRIEVER SFB
ALL BASES

