

HELPING SERVICES

Phone Number Legend

Peterson SFB
Cheyenne Mtn SFS
Schriever SFB
All Bases

24/7 Helpline: 719-552-4357 | For Emergencies: 911 | For Immediate Help - Command Post: 719-556-4555 | 24/7 Suicide & Crisis Lifeline: 988

| | 2 4 // Helpline: / 19-552-435/ | | | -or Emerger | icles: 9 1 1 1 | -or immedia | -or immediate Help - Command Post : 719-556-4555 Z4/7 Sulcide & Crisis Lifetine: 988 | | | | | | | |
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| STRESSORS | Alcohol & Drug Prevention Program | Chaplain Corps | Civilian Employee Assistance Program | Civilian Health Promotions Services | Equal Opportunity | Family Advocacy 719-556-8943 | Health Promotions | Inspector General | Mental Health | Military & Family Life Counselor | Military & Family Readiness Center | Military One Source 24/7 | Primary Care Behavioral Health | Sexual Assault Prevention & Response |
| | 719-556-7804 | 719-556-4442 719-567-4456 | 24/7 866-580-9078 | 719-556-4092 | 719-556-7693 719-567-5310 | | 719-556-4292 719-567-1835 | 719-556-4597 719-556-6966 | | 719-433-5432 719-377-8265 719-225-6003 | 719-556-6141 719-567-3920 | 800-342-9647 | 719-524-2273 | 719-556-7272 719-567-7634 |
| Alcohol/Drugs | | | | | | | | | | | | | | |
| Anxiousness | | | | | | | | | | | | | | |
| Conflicts (Interpersonal) | | | | | | | | | | | | | | |
| Discrimination | | L | | | | | | | | | | | | |
| Finances | | | | | | | | | | | | | | |
| Fitness/Tobacco | | A | | | | | | | | | | | | |
| Grief | | <u> </u> | | | | | | | | | | | | |
| Homicidal Thoughts | | E | | | | | | | | | | | | |
| Hostile Work Environment | | <u> </u> | | | | | | | | | | | | |
| Marriage/Family | | <u> </u> | | | | | | | | | | | | |
| Relationships | | 0 | | | | | | | | | | | | |
| Sadness | | Ö | | | | | | | | | | | | |
| Sexual Assault | | 0% | | | | | | | | | | | | |
| Sexual Harassment | | 0 | | | | | | | | | | | | |
| Sleep/Nutrition | | _ | | | | | | | | | | | | |
| Stress | | | | | | | | | | | | | | |
| Suicidal Thoughts | | | | | | | | | | | | | | |
| To reach the PSFB/SSFB | Accessing | support ser | vices is gen | erally consi | dered confid | dential and | each agency | / will disclos | se any limits | of confider | itiality to yo | u prior to ini | tiating servi | ces Danie |

To reach the PSFB/SSFB Privatized Housing Resident Advocate, call 719-567-2880

Available to service members





